

***Binghamton Regional Center for Autism Spectrum Disorders
2019 Spring Conference Supplementary Handout***

*This handout was created by the BRCASD Conference Team to support attendee learning within this workshop. The presenter is in no way required to cover content in a similar fashion as shown below. Consider this worksheet a support to your learning rather than an exact step-by-step parallel to the presentation. We look forward to any feedback you have about the helpfulness of this supplemental handout.

WORKSHOP I

**Autism Spectrum Disorder: Preparing an Individual for a Successful Healthcare Office Visit
Purnima Hernandez, DDS, M. A., BCBA**

Dr. Hernandez focuses on preparedness when tackling challenges in obtaining medical care for individuals with ASD. Consider the questions below as you listen to her presentation.

For you, your child, or someone you serve (depending on your relationship or affiliation with someone with ASD):

1. What are your biggest barriers or concerns in seeking medical care (dental, physician, specialist)?
2. What do you think the hardest part of a medical visit might be for you and your family?
3. Based on Dr. Hernandez's recommendations, how would you attempt to prepare for an appointment?
4. Similarly, based on Dr. Hernandez's recommendations, how would you plan for the most difficult parts of the appointment?
5. What questions do you still have that you would need to address with your medical provider after thinking this through?